

WGC SKI RACE CLUB ATHLETES CODE OF CONDUCT

All club members must abide by the laws and spirit of the sport of skiing and ski racing – always remember, you are the Ambassador for your Sport, your Home Club, The Centre and Region.

- All club members must accept the decisions of race officials and trainers without questions or protestation.
- All club members must not cheat and must not attempt to improve their performance by the use of drugs.
- All club members must exercise self-control at all times. **No athlete, parent, or guardian shall use profanity, abusive language, disruptive or disrespectful behavior during any time while at a WGC Race club activity**
- All club members should accept success and failure, victory and defeat with good grace and without excessive displays of emotion.
- All club members must treat their fellow participants with due respect at all times. Demonstrate good sportsmanship. Win gracefully, Lose graciously. Congratulate your opponents and teammates.
- All club members are expected to act as active members of the training; i.e. help each other, assist the course setter/trainer on and off the hill and generally don't expect 'others' to do the work for them.
- All club members are not allowed to consume any alcohol while attending any WGC training or activities. All trainees regardless of age must not be under the influence of any medication, drugs or alcohol whilst participating in WGC activities.
- During any session operated by Welwyn Ski Race Club including training or race events any child up to 16 years old (16 years deemed as being up to and including the day immediate prior to their 16th birthday) MUST have at least one responsible parent, guardian or designated adult (18 years and over) who remain on the Gosling (GLL) premises at all times.

- During any WGC race club activity if a trainee's behaviour and conduct is such that, in the club's reasonable opinion, training is at risk of being disrupted, another trainee is inconvenienced or the trainee puts the reputation of the club or centre in jeopardy, the trainee may be asked to leave the training/racing with no refund of training or racing fee.

DISCIPLINARY PROCEDURE

The following procedure will be followed if there is any breach of the above Code of Conduct 1. The sanctions, based on the severity of the offence, must be clearly explained to the trainee(s) involved. A. Verbal warning. B. Written warning or telephone call to parents. C. Withdrawal of privileges D. Being withdrawn from training or competition. E. Withdrawal from WGC Ski Race Club

2. In the event of a serious breach of the above Code of Conduct a disciplinary hearing will be held as soon as possible after the alleged offence has occurred or comes to the knowledge of the club officials and will be attended by the trainee(s) involved either individually or together as appropriate and at least two members of the clubs committee to ensure the correct gender mix. Any witnesses will be heard separately, if appropriate.

3. A parent/guardian of the trainee(s) will be contacted and informed if it is feasible or practical but the confidentiality of trainees of 16 and over will be respected.

4. A written record of the Disciplinary hearing and the sanctions imposed will be kept and signed by the club's welfare officer.

ATHLETE'S/TRAINEE'S CONTRACT

I am aware that I am an ambassador for my family and my country and have read WGC Ski Race Club's Code of Conduct. My parents/guardian, by accepting the Terms and Conditions of WGC Ski Race Club agree to abide by them. I understand the Disciplinary Procedure and the Sanctions which will be imposed in the event of a breach of conduct.

WGC SKI RACE CLUB PARENT/GUARDIAN'S CODE OF CONDUCT

The Parent Code of Conduct below to help guide our activity towards knowing what "right looks like". This creates a culture that not only develops your children into better skiers, racers, and future leaders, but also establishes parental boundaries that enable your children to succeed. It takes a 3 team effort to help your racers exceed their goals: parents/guardians, racer and coach. Each has their role in ensuring these goals are exceeded.

When in doubt: Racers race. Coaches coach. Parents parent.

WGC Ski Race Club has experienced, professional coaches working to develop our children into better skiers and racers while at the same time teaching and instilling important life skills. These skills include time management, self-discipline, perseverance, and sportsmanship. Your racer will reap the benefits of skiing long after their participation with WGC Race Club ends. As the parent/legal guardian of a WGC Racer, you agree to follow the rules for behaviour and sportsmanship. Set a good example.

Sportsmanlike conduct is defined as but is not limited to: respect for coaches, competition officials, centre employees, fellow members, and the skiing public, respect for facilities, privileges, and operating procedures, the use of courtesy and good manners, acting responsibly and maturely, refraining from the use of profane or abusive language.

Assume the best from coaches. We all want to see your racers succeed and meet their individual goals. While at WGC Race Club functions, facilities and events always represent the team in a positive and respectful manner.

Know your Role:

Racers race. Coaches coach. Officials officiate. Parents parent.

Provide your children with positive reinforcement and encouragement. Ensure your child treats other racers, coaches, officials, parents and employees with respect. Do not coach your children or any other racers during practice or events. Do not distract the racers, coaches or officials by interfering in practices or events. On race day, parents should raise concerns with team captains/coaches and not approach race officials directly.

If you have a concern about your racer, please reach out to the coach and make arrangements to have a meaningful discussion about your child.

Finally, the club relies upon volunteers to run any event be it training or racing. By consenting to being part of the club, you are also consenting to having helping role in the smooth running of racing, training and all events run by the club for your child's benefit.